# Bow's Kitchen

The award-winning Thai restaurant



# Menu

Allergen and Intolerance information is available on request

Call: 07796 958949

www.bowskitchen.co.uk

Facebook /BowsKitchen

Twitter @BowsKitchen

All major cards accepted

Tables of six or more will be subject to a 10% service charge.

#### Starters

1. Spring Rolls (V)	£5.55
2. Sesame Prawn Toast	£5.55
3. Chicken Satay with Peanut Sauce	£5.55
4. Deep-Fried Chicken Wings	£5.55
5. Steamed or Crispy Pork Dumplings	£5.55
<ol> <li>Sharing Platter (two of each of the above)</li> <li>(also available for three, four etc)</li> </ol>	£10.50
7. Duck Spring Rolls	£6.85
8. Crispy Pork Belly	£6.90
9. Sweetcorn Fritters (V)	£5.55

# Soups

# 10. Tom Yum Soup (Medium-Hot)

£6.25

A spicy and sour soup with galangal,
kafir lime leaves, lemongrass, tomatoes and a choice of:
Mushrooms, Chicken or Prawns (£l supplement)

# 11. Tom Kha Soup (Medium)

£6.50

A tangy soup, similar to Tom Yum above, but with added coconut milk, giving it a milder, whiter, creamier finish. With a choice of:

Mushrooms, Chicken or Prawns (£1 supplement)

#### Salads

#### 12. Yum Goong (Medium or Medium-Hot)

£9.95

A fresh salad with king prawns, tomatoes, cucumber, coriander, spring onion and red onion.

Made with Bow's spicy and tangy dressing.

#### 13. Yum Ta-Lay (Medium or Medium-Hot)

£10.95

As above, but mixed seafood - using king prawns, squid and green-shell mussels.

#### 14. Nam Tok Moo (Medium or Medium-Hot)

£8.75

Griddled pork with shallots, mint, spring onion, ground rice, coriander and dried chilli flakes.

Served with a classic salty and sour dressing.

# 15. Som Tam (Medium or Medium-Hot)

£7.95

A twist on a classic Thai dish using shredded swede and carrots with green beans and tomatoes. Served with a sweet, salty, spicy and sour dressing.

Please note - Fish sauce is a staple ingredient of Thai cooking.

If you'd like a fully vegetarian dish, please ask for options.

#### Noodle Dishes

#### 16. Kuay Teow Pad Thai (Mild)

Stir-fried flat rice noodles with bean sprouts, shallots, ground peanuts and spring onions

with a choice of:

 Plain (V)
 £8.95

 Chicken, Pork or Tofu (V)
 £9.50

 Prawns
 £10.50

#### 17. Kuay Teow Pad See-Ewe (Mild)

Stir-fried flat rice noodles with eggs, carrots and baby greens with a choice of:

Chicken, Pork or Halloumi (V) £9.50
Beef or Prawns £10.50

#### 18. Kuay Teow Kua Gai (Mild)

Stir-fried flat rice noodles with eggs, carrots and spring onions.

Chicken only £9.50

#### 19. Kuay Teow Pad Kee-Mao (Medium-Hot)

Stir-fried flat rice noodles with chillies, garlic, carrots, baby corn & green pepper corns

with a choice of:

Chicken, Pork, Halloumi (V) or Tofu (V) £9.50
Beef or Prawns £10.50

#### Curries

#### 20. Gaeng Massaman (Mild)

A rich, slow-cooked curry with tamarind, onions, potatoes and a choice of:

Chicken £8.95
Beef £9.95

# 21. Gaeng Kiew Wan (Medium-Hot)

Thai green curry with green beans, carrots, aubergine,

bamboo, basil and a choice of:

Chicken, Pork or Tofu £8.95

Beef or Prawns £9.95

# 22. Gaeng Phed (Medium-Hot)

Thai red curry with green beans, bamboo,

peppers and a choice of:

Chicken, Pork or Tofu £8.95

Beef or Prawns £9.95

#### 23. Gaeng Pah (Very Hot)

Thai jungle curry with fresh green pepper corns,

bamboo, mushrooms, baby corn and a choice of:

Chicken or Pork £8.95

Beef or Prawns £9.95

#### Stir-Fries

#### 24. Pad Grattiem Prik Thai (Mild)

Stir-fry with peppers, carrots, garlic

and a choice of:

Chicken, Pork or Halloumi (V)

£8.95

#### 25. Pad Prik Gaeng (Hot)

Stir-fry with bamboo, green beans, basil and peppers in red curry paste and a choice of:

Chicken, Pork or Halloumi

£8.95

Beef or Prawns

£9.95

#### 26. Pad Gaprow (Your choice from Mild - Very Hot)

Stir-fry with green beans, basil, peppers,

garlic, fresh chilli and a choice of:

Chicken, Pork, Halloumi (V) or Tofu (V)

£8.95

Beef or Prawns

£9.95

# 27. Pad Gai Met Mamuang (Mild)

Stir-fry with onions, peppers and cashew nuts.

Chicken only

£8.95

### 28. Pad Pak Ruam Mit (Mild)

Stir-fried mixed vegetables (V)

£8.00

#### Stir-Fries

# 29. Pad King (Mild)

Stir-fry with onions, peppers and fresh ginger

and a choice of:

Chicken, Pork or Tofu (V)

£8.95

30. Pad Nua Nam Man Hoi (Mild)

Stir-fry with peppers, mushrooms and oyster sauce.

Beef only

£9.95

31. Pad Biew Wan (Mild)

Sweet and sour stir-fry with onions, peppers, pineapple and baby corn and a choice of:

Chicken, Pork or Tofu (V)

£8.95

Prawns

£9.95

32. Khao Pad (Mild)

Stir-fried Jasmine rice with eggs, tomatoes, onions, spring onions and a choice of:

Chicken, Pork or Halloumi (V)

£9.50

Prawns

£10.50

# Side Dishes

33. Khao Sewai - Steamed Jasmine rice	£2.50
34. Khao Pad Kai ~ Egg fried rice	£3.50
35. Khao Pad Hed - Mushroom fried rice	£3.50
36. Khao Gaa-Tee - Coconut rice	£3.50
37. Khao Niew - Sticky rice	£3.50
38. Tang Daek - Stir-fried noodles	£3.50
39. Kai Jiew - Thai-style omelette	£3.95
40. Man Fellang Tord ~ Chunky chips	£2.50

# Specials

A selection of daily starter and main course specials are usually available.

Please ask your waiter or waitress for today's choices.

#### Desserts

We stock a wide selection of 'Simply Ice Cream' ice creams and sorbets.

We also have a selection of daily special desserts.

Please ask your waiter or waitress for today's choices.